

# AN OVERVIEW OF RESEARCH METHODS USED TO DETERMINE THE EFFICIENCY OF LANGUAGE LEARNING STRATEGIES

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**Abstract:** *The aim of the paper is to provide an overview of research methods used to determine the efficiency of different language learning strategies. The tendency to identify differences between successful and less successful foreign language learners has resulted in numerous factors affecting the language learning outcomes, with language learning strategies being the most prominent one. Numerous linguists have engaged in the research on their efficiency, using different methodology, most often questionnaires. However, the results they have obtained have indicated that questionnaires, as a quantitative data collection method, should be used in combination with other, qualitative methods. Therefore, both quantitative and qualitative research methods are presented in this paper, illustrated with specific examples in order to justify the call for a mixed-method approach to this field of applied linguistics.*

**Keywords:** *language learning strategies, foreign language proficiency, qualitative research methods, quantitative research methods, mixed-method approach*